

Ladakh, India

August 11-25, 2010

A note: All of our itineraries are flexible. Our philosophy at Paravati Family Travel/Crooked Trails is to let the country guide our experiences and not to live by a strict itinerary. If unexpected events arise, we may change plans to take advantage of the situation or deal with an issue. However, we will do all we can to offer you everything that is on the schedule. Please be flexible yourself and allow the program to unfold.

**Meals included in the program cost are listed as B (breakfast), L (lunch) and D (dinner) for each day.

- August 11** Leave US at scheduled flight time.
- August 12** En route and overnight in Bangkok, London or other depending on your flight.
- August 13** Upon your arrival into Delhi, your guide will be at the airport to transfer you to our guesthouse in Delhi.
- August 14** Flight to Leh in Northern India. Visit the Ladakhi Ecological Center and see Ancient Futures movie on Ladakh. B
- August 15** Acclimatization day. Relax and take small walking tour around mountains in Leh. Spend time exploring the Tibetan handicraft markets. Special dinner prepared by our family hosts at the Padma. B,D
- August 16-21** For the next six days you will spend in Stok and living and working with your Ladakhi host family for three days. Some of your days will be spent with your host family helping in daily chores, tending animals, working fields, playing with the children or getting to know your family. Other days will be spent volunteering at the local Siddhartha School and visiting sites such as the monastery, the royal palace and with other families. Local festivities will be happening during your stay and you may be asked to partake in these activities with your family. Everyone must remember to be patient and flexible as we do not ask our hosts to do anything special for our stay with them. In this way, you will learn what it means to be Ladakhi and have a better understanding of your family. **B,L,D**

- August 22** Return to Leh. A free day in Leh to do laundry, internet, explore, or buy souvenirs.
- August 23** Morning flight to Delhi. Late afternoon rickshaw ride through the streets of Old Delhi visiting different Sikh, Muslim, and Hindi temples. Evening Bollywood show! **B**
- August 24** Train to Agra and journey through the Taj Mahal and the Red Fort and surrounding area. We will visit some amazing marble and gem artists and be guest at the home of a local friend for breakfast. **B**
- August 25** Last day in Delhi to explore the old quarter and rickshaw ride through local markets. Visit various religious temples and evening dinner together before flight home. Some flights may leave early in the morning. **B**